

Do you live in a nursing home and want to get help moving back into the community?

Your interest in
Roads to Community Living
is important to us.



Call For more information on this and other transition programs

Or visit our website:
www.adsa.dshs.wa.gov/professional/roads/



ADSA Aging & Disability
Services Administration
DSHS 22-1297X (Rev. 10/13)

Roads to Community Living



**Helping People Living
in Nursing Homes Return
to Their Community**

Washington State Department of Social and Health Services
Aging and Disability Services Administration



Roads to Community Living

What is Roads to Community Living?

Roads to Community Living is part of a national program called *Money Follows the Person*.

Through this program, Washington State is exploring what services and support help people with complex, long-term care needs successfully move from institutions such as nursing homes back into the community.

If you are eligible and want to participate in the program, you may:

- Receive intensive one-on-one help to develop a transition plan with the services and support you need to move back into the community.
- Have access to additional services and support not currently available through existing programs.

These may be one-time-only expenditures or services needed during your move and transition back into the community.

"It took six months and a lot of hard work. With the support from the Roads to Community Living team, I'm back home!"



Who Can Participate in the Program?

Roads to Community Living is for anyone:

- Living in a nursing facility for three months or longer.
- Receiving Medicaid to pay for care.



What Kinds of Services and Support May Be Available?

- Help finding and setting up appropriate affordable housing.
- Life skills training or consulting services to help prepare you to live in the community again.
- Problem solving and behavior management skills training if challenging behaviors may jeopardize moving or remaining in the community.
- Assistive technology and durable medical equipment.
- A service animal.
- Training, education, or support for family and other caregivers.
- Mental health or substance abuse consultation or services.

